



ISTFP

International Society of  
Transference-focused  
Psychotherapy

# INTERNATIONAL SOCIETY OF TRANSFERENCE- FOCUSED PSYCHOTHERAPY (ISTFP)

## 9<sup>th</sup> Biennial Conference Vienna, June 4 – 6, 2026

Medical University of Vienna  
& Austrian National Library  
Josephsplatz 1, 1010 Vienna, Austria





### **SCIENTIFIC COMMITTEE**

Victor Blüml, Eve Caligor, John Clarkin,  
Chiara De Panfilis, Jill Delaney, Stephan Doering,  
Emanuele Preti, Luis Valenciano, Frank Yeomans



### **LOCAL ORGANIZING COMMITTEE**

Victor Blüml, Stephan Doering, Elisabeth Hölbling,  
Nestor Kapusta, Andrea Witting

## THURSDAY, JUNE 4<sup>TH</sup> – Medical University of Vienna

- 09:00 – 12:00**    **Pre-Conference Workshops 1-3**  
(Dental Clinic) – *Separate registration required*
- Workshop 1  
**Group TFP** (Maria Jesus Rufat, Jonathan Radcliffe,  
Philipp Martius, Eulàlia Ripoll, Otto Kernberg)
- Workshop 2  
**Couple TFP** (Barry Stern, Nestor Kapusta)
- Workshop 3  
**Supervision** (Luis Valenciano, Irene Sarno, Eve Caligor)
- 12:15 – 13:45**    **Committee Meetings I**  
(Dept. of Psychoanalysis)
- Training and Education  
Applied TFP  
Public Relations
- 13:45 – 15:15**    **Committee Meetings II**  
(Dept. of Psychoanalysis)
- Research and Publications  
Adolescent  
Ethics
- 15:30 – 17:30**    **Executive Board Meeting**  
(Dept. of Psychoanalysis)
- 18:00 – 20:00**    **Welcome Reception – ALL ARE WELCOME**  
(Courtyard of the University of Vienna)
- 20:00**            **Early Career Forum**  
(Café Diglas am Schottenstift, Schottengasse 2)  
*Registration required*

*All plenary sessions take place in the main lecture hall (CAMINEUM) and will be streamed and transmitted to ORATORIUM (1<sup>st</sup> floor)!*

**08:00 – 08:30**    **Registration**

**08:30 – 09:00**    **Opening**

*Frank Yeomans, New York, USA*

*Stephan Doering, Vienna, Austria*

**09:00 – 10:15**    **Plenary “How TFP Improves Love and Work”**

Moderator: Elisabeth Hölbling, Vienna, Austria

*Nicole Cain, New York, USA*

*Irene Sarno, Milan, Italy*

**10:15 – 10:45**    **Coffee Break**

**10:45 – 12:00**    **Plenary “Applied TFP”**

Moderator: Philipp Martius, Bad Kreuznach, Germany

*Richard Hersh, New York, USA*

*Chiara De Panfilis, Parma, Italy*

**12:00 – 13:00**    **ISTFP Membership Assembly**

*ISTFP members*

**13:00 – 14:30**    **Lunch (on your own)**

**Poster session (main lecture hall and atrium)**

- 1) **Muhammad Nur Arif Abdul Rassip**: Brief Applied Transference-Focused Psychotherapy Training for Psychiatry Trainees in Malaysia: Effects on Attitudes and Clinical Confidence Toward Personality Disorders
- 2) **Rubén De Los Santos**: Psychoeducational Group Intervention for Caregivers Within an Inpatient TFP Program: A Pilot Study Protocol
- 3) **Rubén De Los Santos**: Dimensional Personality Assessment Using Kernberg's Structural Model in Psychiatry Residency: A Case Report
- 4) **Aurora Döll Gallardo**: Structured Psychotherapies for Alcohol Use Disorder in Adults with Personality Disorders: A Systematic Review with a Focus on Psychodynamic Treatments
- 5) **Inés Galindo Méndez**: TFP-G for Eating and Personality Disorders: A Clinical-Descriptive Report
- 6) **Máté Hosszú**: A Cross-Sectional Study of Borderline Personality Organization and the Effectiveness Evaluation of Transference-Focused Psychotherapy Program

- 7) **Rodrigo Huereca Lucio:** Childhood Maltreatment and Level of Personality Organization: Preliminary Evidence from a Personality Disorder Inpatient Unit
- 8) **Tennyson Lee:** Training of Transference Focused Psychotherapy in China: Evaluation of 4 successive cohorts of the TFP Foundation Curriculum Course
- 9) **Sophie Bella:** Self- and Other-Directed Aggression and Borderline Personality Traits in Daily Life
- 10) **Alvaro Ruiz Macia:** Clinical Feasibility and Patient Satisfaction in a Transference-Focused Psychotherapy Group (TFP-G) for Eating Disorders and Personality Disorders
- 11) **Elisabet Sánchez Penadés:** Transference Focused Psychotherapy-Group (TFP G) for Personality Disorders: A Systematic Review
- 12) **Paul Shrouts:** Narcissism and Taylor Swift: The Intersection of Pop Culture and Clinical Constructs
- 13) **Paul Shrouts:** Maladaptive Defenses within the Fabric of Generation Z and Social Media
- 14) **Manuel Valderrama:** Therapist Decision-Making in Response to Transference. An N-of-1 Process-Oriented Proposal
- 15) **Francisco E. Ramos-Rivera:** Neurobiological Changes Associated with Psychodynamic Treatments in Borderline Personality Disorder: A Systematic Review
- 16) **Jonathan Jair Cerda Ramos:** Transference-Focused Psychotherapy for Severe Narcissistic Personality Disorder From PGY-1 Through Residency Training: A Case Study
- 17) **Nicholas Day:** Associations between Severe Narcissistic Pathology, Coercive Control and Intimate Partner Violence: Findings from Informant Reports
- 18) **Fabian Hernandez Alvarez:** Cultural Modulation of Structural Personality Organization: Implications for Transference-Focused Psychotherapy
- 19) **Feride Aytuğ Öztürk:** Working with Grandiose and Vulnerable Narcissism in Transference-Focused Psychotherapy: Transference, Attachment, and Cultural Considerations
- 20) **Katarina Radić:** Phase-Based TFP Model for Dual Diagnosis
- 21) **Francisco E. Ramos-Rivera:** Towards a Neurobiology of Transference
- 22) **Núria Ribas Fitó:** Beyond the Session: Exploring Interstitial Spaces in the Therapeutic Relationship within a BPD Day Hospital Setting
- 23) **Eulalia Ripoll:** TFP Group Therapy Challenges: Managing Paranoid Transferences
- 24) **Michal Sienski:** Do Similarities Attract each other? Personality Functioning among Couples in Collusion.
- 25) **Arianna Sinisi:** Clinical Confidence with Personality Disorder Questionnaire (CCPDQ). Measuring the Impact of TFP-Teaching in Improving Clinician's Technical Confidence in Treating Personality Pathology
- 26) **Anna Sokolova:** Conditions for Change in Transference-Focused Psychotherapy: Defensive and Structural Constraints on Therapeutic Transformation
- 27) **Aliza Spruch-Feiner:** The Development of a Clinician-Rated Scale to Assess Sadomasochistic Personality
- 28) **Monika Zielona-Jenek:** Gendering the Other: The Use of Gender Attributes in the Visual and Verbal Representation of Individuals by Men who Sexually Abused Children
- 29) **Iryna Dobrynina:** Between Defense and Holding: The Flash-Container in Psychotherapeutic Work under War Conditions

**14:30 – 15:45 Plenary “The Eternal Struggle of Love and Aggression”**

Moderator: Victor Blüml, Vienna, Austria

*Alvise Orlandini, Milan, Italy, Sergio Dazzi, Parma, Italy*

*Bernhard Brömmel, Vienna, Austria*

**15:45 – 16:15 Coffee Break**

**16:30 – 18:30 5 Scientific Symposia**

**SYMPOSIUM 1 – Findings from the Dworman III Study of an 18-Month Course of Transference-Focused Psychotherapy in a Sample of Women Diagnosed with Borderline Personality Disorder (ORATORIUM)**

Chair: **Nicole Cain (New York, USA)**

1) **Diana Diamond (New York, USA)**: Changes in Attachment and Mentalization in Borderline Patients over 18 Months of Transference Focused Psychotherapy

2) **Barry Stern (New York, USA)**: Changes in Structured Interview of Personality Organization – Revised (STIPO-R) Domain Scores over 18 Months of Transference Focused Psychotherapy

3) **Nicole Cain & Kevin Meehan (New York, USA)**: Using Ecological Momentary Assessment to Examine Change in the Interpersonal and Affective Context of BPD over 18-Months of TFP

4) **Eric Fertuck (New York, USA)**: Reflective Functioning Predicts Improved Coherence of Attachment Narratives During 18 Months of Transference-Focused Psychotherapy for BPD

**SYMPOSIUM 2 – Assessment and Changes of Personality Organization, Functioning and Correlates (REFEKTORIUM)**

Chair: **Susanne Hörz-Sagstetter (Berlin, Germany)**

1) **Leonie Kampe (Berlin, Germany)**: Does Personality Organization Improve Following 12-Week Day Clinic — and can we Measure it? - Sensitivity for Change of the IPO-30 and FEUA

2) **Monika O. Jańczak (Poznań, Poland)**: “I’ve Built a Good Life for Myself”: A Qualitative Study of Patient-Perceived Change in Transference-Focused Psychotherapy

3) **Susanne Hörz-Sagstetter (Berlin, Germany)**: Crystallized intelligence and personality functioning: Associations across interview- and self-report measures

4) **Marco Di Sarno (Milan, Italy)**: The Dyads Clinician Rating Tool (DyCTO): preliminary validation of an observer-rated grid for object relations dyads

5) **Jürgen Fuchshuber (Wien, Austria)**: Personality Organization, Childhood Adversity, and Paranoid Thinking: Moderating and Mediating Pathways

6) **Emilia Soroko (Poznań, Poland)**: Personality Structure and Pathological Traits: Asymmetric Associations Between Interview-Based Assessment of Personality Organization and Self-Reported Maladaptive Traits

### **SYMPOSIUM 3 – Recent Development in Studying the Diagnosis and TFP-A Treatment of Adolescents with Borderline Personality Organization (VAN SWIETEN)**

Chair: **Maya Krischer (Cologne, Germany)**

- 1) **Tobias Krueger (Cologne, Germany)**: Studying the Effectiveness of 1-Year Lasting TFP-A for Adolescents with Borderline Personality Pathology in the Community – Feasibility of a Randomized Clinical Trial
- 2) **Clarissa Laczkovics (Vienna, Austria)**: Assessment of Personality Disorders in Adolescents – a clinical validity and utility study of the Structured Interview of Personality Organization (STIPO-R)
- 3) **Maya K. Krischer (Cologne, Germany)**: Improvement of School Absence as Functional Impairment of Adolescents with Personality Pathology Based upon Applied TFP-A in a Day Hospital Program
- 4) **Anselm Bründlmeyer (Vienna, Austria)**: Personality Structure Mediates the Impact of Childhood Adversity on Psychopathology in Adolescents with Personality Disorder
- 5) **Jordan Bate (New York, USA)**: Investigating the Validity of a Theoretically Informed and Developmentally Sensitive Interview of Level of Personality Organization in Adolescent LPOD-I: Part 2
- 6) **Karin Ensink (Quebec, Canada)**: Personality Pathology, Narcissistic Vulnerability and Epistemic Trust Across Trauma Profiles – Insights from Network Analysis
- 7) **Anna Buchheim (Innsbruck, Austria)**: Clinical, Structural and Biological Changes in Adolescent Patients with Impairment in Personality Functioning in the Course of a Multimodal Psychodynamic Psychotherapy with an Object Relational Approach in a Day Clinic Setting

### **SYMPOSIUM 4 – Cutting Edge Methodologies to Study Personality Disorders: Implications for TFP (PALAIS MOLLARD - HOBOKEN)**

Chairs: **Chiara De Panfilis & Emanuele Preti (Parma/Milano, Italy)**

- 1) **Kevin Meehan (New York, USA)**: Expressions of Personality Organization in Daily Life
- 2) **Erika Fanti (Milano, Italy)**: Borderline Personality Disorder as a Dynamic System: An EMA Network Study of Symptom Interactions and Personality Organization
- 3) **Monika O. Jańczak (Poznań, Poland)**: Low Self-Mentalizing and Hypermentalizing Others as Core Features of Personality Pathology: Clinical Implications for TFP
- 4) **Maria Lidia Gerra (Parma, Italy)**: Emotional and Behavioral Responses to Other-Ostracism in Borderline Personality Disorder
- 5) **Yogev Kivity (Ramat Gan, Israel)**: Countertransference and Vocal Synchrony during Diagnostic Interviews of Individuals with Borderline Personality Disorder and Healthy Controls
- 6) **Nicholas Day (Wollongong, Australia)**: Envy and Gratitude Revisited: A Study of Narcissism and Personality Functioning

## **SYMPOSIUM 5 – DYADS: A Real-World Mixed Method Study on Efficacy and Mechanism of Change in TFP for Treatment Refractory Patients (PALAIS MOLLARD - CORONELLI)**

Chair: **Nel Draijer (Amsterdam, The Netherlands)**

- 1) **Annemieke Noteboom (Amersfoort, the Netherlands):** DYADS: Study Design and Progress
- 2) **Wieger Manschot (Amsterdam, The Netherlands):** Adherence and Competence Scale: first experiences in clinical practice
- 3) **Marte Kaan (Amsterdam, The Netherlands):** Empirical Evidence for Impairments in Self-Other Differentiation as an Underlying Phenomenon in Personality Disorders
- 4) **Marte Kaan & Roos van Grieken (Amsterdam, The Netherlands):** The Experience of Self-Other Differentiation from a Patient's Perspective: A Qualitative Study
- 5) **Guillermo Medina Vidales (Monterrey, Mexico):** Inpatient Transference-Focused Psychotherapy for Personality Disorders: Changes in Personality Organization Domains. Preliminary Results
- 6) **Aurora Döll Gallardo (Madrid, Spain):** Implementing TFP Principles in an Alcohol Addiction Unit: Impact on Treatment Retention and Six-Month Relapse in Patients with Borderline Personality Organization

**19:30**

### **Dinner Party**

(Austrian National Library)

*Separate registration required,*

*after 21:30 all are welcome for dancing!*

*Live music: **Blue Sunrise** from Milano, Italy*

*Letizia Tancini, vocals*

*Fabrizio Franchi, bass*

*Giorgio Ramaroli, drums*

*Alvise Orlandini, guitar*

## SATURDAY, JUNE 6<sup>TH</sup> – Austrian National Library

- 08:30 – 08:45**    **Opening Comments**  
*Frank Yeomans, New York, USA*
- 08:45 – 10:00**    **Plenary “How TFP Addresses Childhood Trauma”**  
Moderator: Joanna Bird, New York, USA  
*Karin Ensink, Lina Normandin, Montreal, Canada*  
*Alexander Sheppe, New York, USA*
- 10:00 – 10:45**    **Award Ceremony**  
*Emanuele Preti, Milan, Italy*  
Award Winner’s talk
- 10:45 – 11:15**    **Coffee Break**
- 11:30 – 13:30**    **5 Simultaneous Symposia**
- Symposium A (PALAIS MOLLARD - CORONELLI)  
**Applied TFP**  
*(Michael Rentrop, Tennyson Lee, Valeria Fernandez)*
- Symposium B (PALAIS MOLLARD - HOBOKEN)  
**TFP-A in Different Settings**  
*(Maya Krischer, Brenda Tarragona, Lina Normandin)*
- Symposium C (CAMINEUM)  
**Hysteria and TFP**  
*(Stephan Doering, Nel Draijer)*
- Symposium D (ORATORIUM)  
**Experiences from the New Curriculum for ISTFP Teachers and Supervisors**  
*(Luis Valenciano, Irene Sarno)*
- Symposium E (VAN SWIETEN)  
**Sexuality and Sexual Functioning**  
*(Miguel Angel Torres, Agnieszka Izdebska, Muza Konina)*

**13:30 – 15:00** *Lunch (on your own)*

**15:00 – 16:45** **Plenary “Revision of the Freudian Theory of Drives and Affects”**

Moderator: Stephan Doering, Vienna, Austria

*Mark Solms (online), Cape Town, South Africa*

*Otto Kernberg, New York, USA*

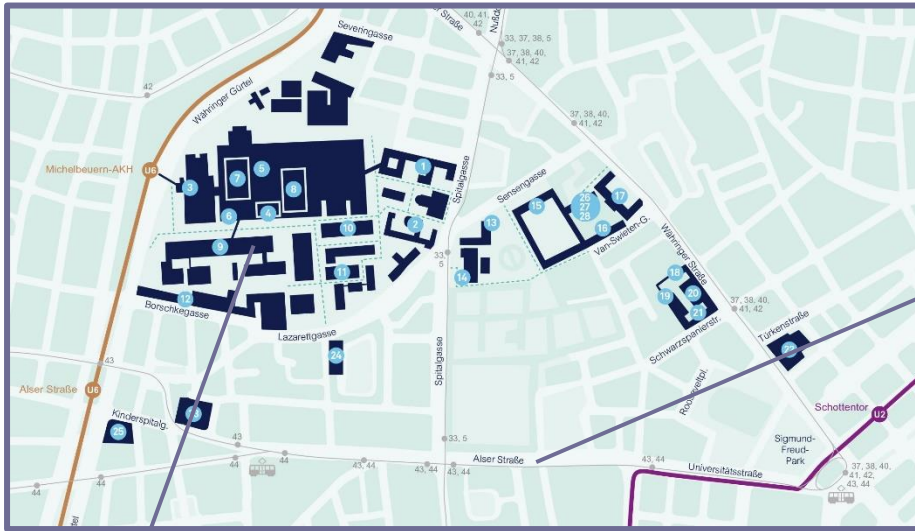
**16:45** **Conference Conclusion**

*Frank Yeomans, New York, USA*

*Stephan Doering, Vienna, Austria*

## Locations

<https://maps.app.goo.gl/bFcvtwh79wqFzeGZ7>



**Dental Clinic  
(Workshops)**  
Medical University of  
Vienna  
Sensengasse 2a  
1090 Vienna

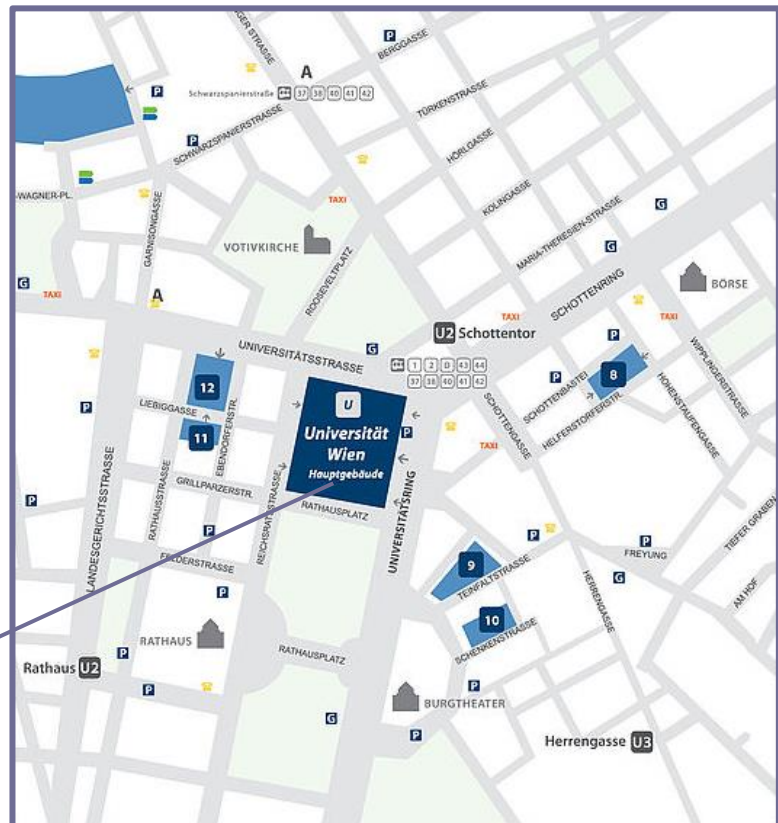
## Department of Psychoanalysis and Psychotherapy (Committees)

Allgemeines Krankenhaus der Stadt Wien (AKH)  
Währinger Gürtel 18-20  
1090 Vienna  
<https://maps.app.goo.gl/Hq1tfhBbtFWRmZC29>



## University of Vienna (Welcome Reception)

Universitätsring 1  
1010 Vienna  
<https://maps.app.goo.gl/6FBbhZ8LLWvqL4m59>



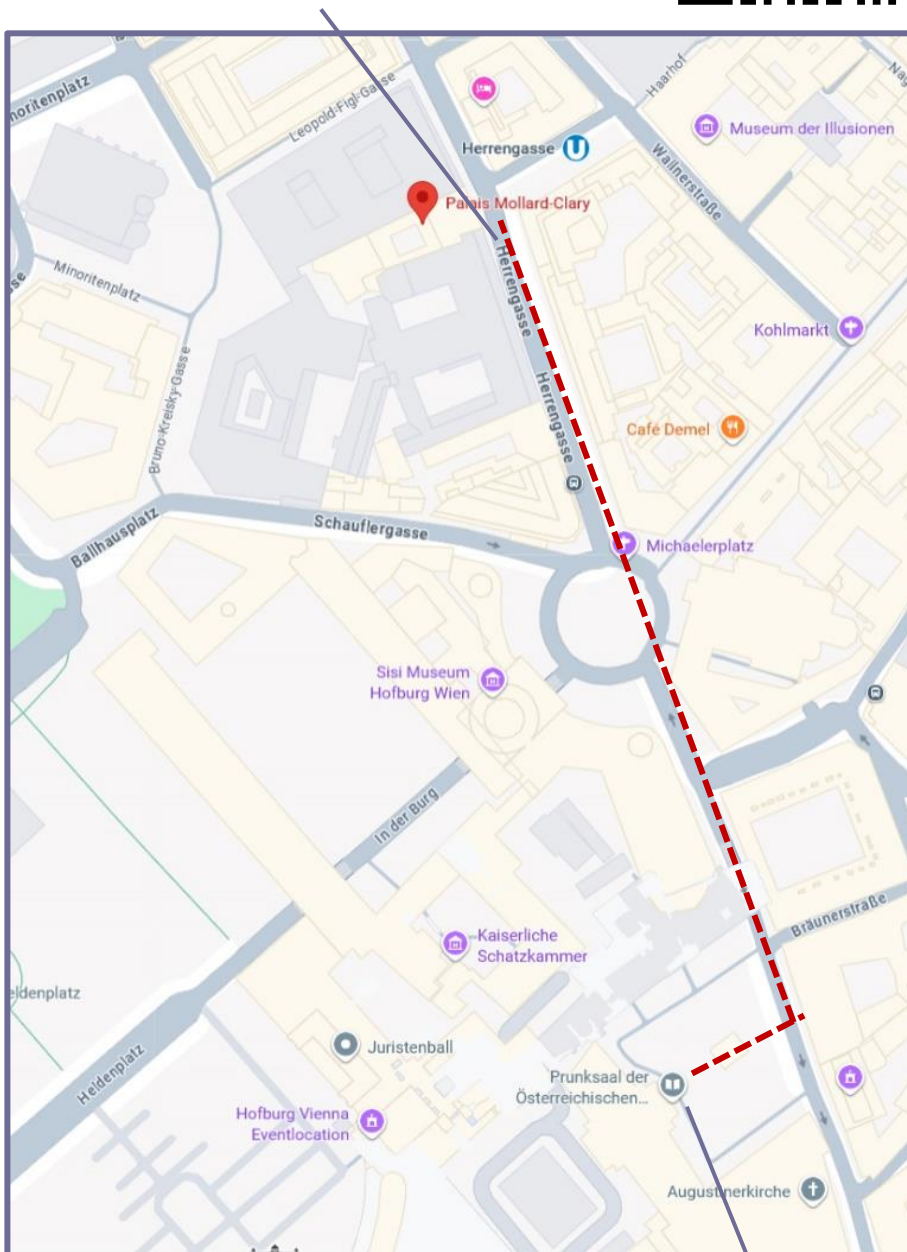
## Breakout Rooms – Symposia

### (Palais Mollard)

Herrengasse 9

1010 Wien

<https://maps.app.goo.gl/qpRHJuZeAvaUKuot7>



## Österreichische Nationalbibliothek

### Main Hall (Camineum)

Josephsplatz 1

1010 Wien

<https://maps.app.goo.gl/YQweaDmTiYjrJXkE7>

## Participation Fees

Please register online here: <https://tfp-austria.at/istfp-2026-conference-registration/>



ISTFP Conference 2026  
Registration

<b>Virtual Participation, June 5/6, Main Lecture Hall (no Early Bird Fee)</b>	€ 250
<b>Workshops, June 4 (no Early Bird Fee)</b>	€ 150
<b>Early Bird Registration until April 15, 2026</b>	
ISTFP members	€ 300
Non-members	€ 350
Students	€ 175
<b>Regular Registration after April 15, 2026</b>	
ISTFP members	€ 350
Non-members	€ 400
Students	€ 225
<b>Dinner Party, June 5</b>	€ 100
<b>Welcome Reception, June 4</b>	no registration necessary

### **Refund Policy**

Requests for refund, due to cancellation by the participant, made in writing to ISTFP before May 15, 2026 are granted (EUR 100 administrative costs). No refund is granted after May 15, 2026.

### **Force Majeure**

If circumstances beyond the organizers' control make it impossible to hold the conference as planned (e.g., travel restrictions, natural disasters), the organizers reserve the right to modify, postpone or cancel the event. We kindly ask for your understanding that, in such cases, refund can only be issued based on the actual costs incurred.

## Imprint

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Währinger Gürtel 18–20, 1090 Vienna, Austria

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